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- NCAA.com
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- NCAAPublications.com
- Double-A Zone Blog
- Champion Magazine
- Member Web Sites
- Home
- About the NCAA
- Academics & Athletes
- Legislation & Governance
- Fall Sports
- Winter Sports
- Spring Sports
- Statistics
- Media & Events
- Forms
- Video
- Library
- Employment
- Contacts

## Summer model touchdown to some, fumble for others

August 18, 2003

### The NCAA News

**Darrion Scott, football student-athlete**  
**Ohio State University**  
*Columbus (Ohio) Dispatch*

"I'm all for (the new model that prohibits consecutive multiple-practice days), and I am sure the rest of the team is, too.

"I'm sure a lot of guys like it. Two-a-days are rough. Two-a-days are really rough. The heat, and going back and resting, and then you've got to get right back up. I think (the new format) will be a good thing. I think guys will be well-rested, and there will be a lot less injuries.

"We will probably go a lot harder than what we usually do, but I think it will benefit us."

**Jim Tressel, head football coach**  
**Ohio State University**  
*Columbus (Ohio) Dispatch*

"I think (the rules-makers') intentions are good, (but) we've never had a three-hour practice, so this will be new for us; the coaches might drop over at 2 1/2."

**Gerry DiNardo, head football coach**  
**Indiana University, Bloomington**  
*Columbus (Ohio) Dispatch*

"(These days), you have a better-conditioned team reporting to camp. In the old days, there was a reason to go two-a-days, day after day, since you had a team that perhaps wasn't in shape, and you had 140 guys. Things were different.

"The two-one-two-one system, I don't think there is anything wrong with it. (But) I semi-resent being told I have to do it that way by people who don't know anything about football."

**Houston Nutt, head football coach**  
**University of Arkansas, Fayetteville**  
*Miami Herald*

"I love not having consecutive two-a-days. You still have enough time. When you go two-a-day, two-a-day, two-a-day, it's a grind.

"If you go two-a-day and then once a day the next day, it gives you a chance to correct things on the field. It gives you a chance (on the shorter day) to teach. They get a better chance to learn and make corrections. And you don't have IVs in their arms going off to the hospital (with heat illness)."

**James Young, football student-athlete**  
**Georgia Southern University**  
*Macon (Georgia) Telegraph*

"I think it's a bad idea to not let the freshmen come in early. With everyone together it will be easy for them to get down on themselves because they will make mistakes. If you're with just your fellow freshmen you'll still be making mistakes, but it won't be as embarrassing."

**Grant Teaff, executive director**  
**American Football Coaches Association**  
*Orlando Sentinel*

"I would say (the football conditioning package) is probably the most complete, heavily researched, thoroughly modeled -- with the total participation of all entities -- of any legislation that's ever been enacted by the NCAA. ...

"Coaches overall are extremely happy about it, and the ones who may be skeptical because this isn't the way we've done it for 100 years will be amazingly pleased after they try it. What they'll end up with is more of their athletes ready to play in the first game than at any other time."

**Howard Schnellenberger, head football coach**  
**Florida Atlantic University**  
*Orlando Sentinel*

"I'm surprised they don't tell me I can't show up at work until 8 and that I have to go home and kiss my wife by 9. We don't need the NCAA or anybody telling us we can have 18 hours or 20 hours in a week (for practice)."

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